



THE ACTIVATION OF THE AMARU MEDICINE (MACHUPICHU - LAKE TITIKAKA-COLCA CANION) 2024



1. 18th Feb:

Transfer from de international airport in Cusco and Transfer to the sacred valley, overnight in hotel.

Before dinner we will do a ceremony for permission and we share the program.

2. 19th Feb:

We will do Yoga with Maria Rosita Sanchez before breakfast In the morning, then visit Ñaupa Iglesia with cleansing ceremony. In the ceremony we will be helping each other. Lunch on the way. In the afternoon visit market of Pisac. lecture about the 7 temples with Silvia Calisaya

3. 20th Feb:

We will do Yoga with Maria Rosita Sanchez before breakfast then visit to Moray after lunch we will visit the moon temple, personal ceremony in the moon temple

4. 21st Feb:

We will do Yoga with Maria Rosita Sanchez before breakfast, then early visit to Ollantaytambo after, transfer to the train station, where we depart to Aguas Calientes, lunch and in the afternoon, we shall prepare to do a ceremony (Vision quest) Silvia will explain all about it.

Optional hot spring (bathing suit) water or you can enjoy a free afternoon.

5. 22nd Feb:

Very early transfer by bus to Machupichu, visit and vision quest, lunch in Aguas Calientes and in the afternoon transfer by train to Cusco, Hotel in Cusco.



Machupicchu



- 6. 23rd Feb:**
We will do Yoga with Maria Rosita Sanchez before breakfast, we visit Sacsayhuaman, Qenko ceremony for cleanse the past lives, we have lunch in Cusco, free afternoon shopping.
- 7. 24th Feb:**
We will do Yoga with Maria Rosita Sanchez before breakfast, we transfer by bus to Puno city, with lunch on the way and, we stop to visit touristic places, hotel in Puno city.
- 8. 25th Feb:**
In the morning, Early Yoga exercise with Maria Rosita Sanchez.
An Early, transfer to Puno port with a transfer by boat to the floating islands then we continue a visit to the Amantani island. Lunch on the island in the afternoon we start silence ceremony to visit PACHAMAMA TEMPLE build our temple we stay overnight on the islands with families.
In the night, Yoga exercise with Maria Rosita Sanchez and family meeting.
- 9. 26th Feb:**
In the morning, Early Yoga exercise with Maria Rosita Sanchez.
Depart from Amantani to Taquile Island, visit Taquile island there we will do the wedding ceremony and have lunch on the island, and in the afternoon, we travel back to Puno city.



- 10. 27th Feb:**
In the morning, Early Yoga exercise with Maria Rosita Sanchez.
Transfer to AJAYU MARKA (Arama Muru), Earth ceremony to the PACHAMAMA and ACTIVATION OF THE AMARU MEDECINE or kundalini. At the end all of you will participate in the ceremony of dance to make happy your body.
Is important for this day wear a white dress or white clothing or a healer's dress of your place.
- 11. 28th Feb:**
We will do Yoga with Maria Rosita Sanchez before breakfast, then we Visit the Aymara community (old elders), typical lunch, there we will do the Fire AYNÍ CEREMONY.



12. 29th Feb:

We will do Yoga with Maria Rosita Sanchez before breakfast, then we will visit Sillustani there you can do Meditation, lunch on Puno, free Afternoon (Optional Private Sessions with Silvia and Aymara Healers).

13. 1st Mar:

We will do Yoga with Maria Rosita Sanchez before breakfast, free for shopping, early lunch, after transfer by bus to Chivay, overnight in hotel.

14. 2nd Mar:

We will do Yoga with Maria Rosita Sanchez before breakfast, after breakfast a transfer to the Cruz of Condor to see the condors. Lunch in Chivay and departure to Arequipa city overnight on Arequipa City.

15. 3rd Mar:

We will do Yoga with Maria Rosita Sanchez before breakfast, city Tour and Farewell Lunch and in the afternoon transfer to the airport and back home.

THE TOTAL PRICE INCLUDES

- 1 Internal flight ticket (from Arequipa to Lima).
- All Transfers with the group.
- All Entrance fees to the archaeological places (in group)
- Professional guides in English.
- Breakfast at the hotels.
- Group ceremonies with authentic shamans.
- Fast private boat to visit the islands in Lake Titicaca.
- Daily bottle of water for each person.
- Double accommodation in hotels (3 stars) during all tour. (with the exception at Amantani island, because all will sleep in the family houses).
- **SINGLE ROOM SUPPLEMEN: 500.00 Dollars Per whole Trip.**



IT DOES NOT INCLUDE

- Lunch and dinner.
- Any Private transfers.
- Any Private ceremonies or Healing Sessions
- Tips to the guides and drivers.

Before trip you need to deposit 50% of the total cost. Payable to this account till 30th

ACCOUNT NUMBER:

SILVIA CALISAYA

CCI: 011-229-000200681105-29

SWIFT CODE: BCONPEPL

Meeting by zoom - July 27th from 7:00 to 8:00 Pm